

2019 Novel

INTSHOLONGWANE ICORONA

IMEKO YEMPILO ENGXAMISEKILEYO

ECHAPHAZELA UMHLABA WONKE

IZINTO EKUFUNEKA UZAZI

Intsholongwane zeCorona liqela elikhulu leentsholongwane ezixhaphake kwizilwanyana. Ezi ntsolongwane zingabangela abantu ukuba bagule, babe neengxakana zeempumlo nokuphefumla, ezifana nefiva le iqhelekileyo.

Intsholongwane entsha icorona ibonwe eChina nethe yayanyaniswa nokuqhambuka kwenyumoniya. Le ntsholongwane yi-2019 Novel Corona virus (2019 nCoV), ethe yakhokelela ekufeni kwabantu abaninzi.



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weNtshona Koloni

EzeMpilo

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INTSHOLONGWANE ICORONA

ISASAZEKA NJANI

Intsholongwane i-2019 nCoV isasazeka ikakhulu ngamachaphaza ataka xa umntu onesi sifo ekhohlela okanye ethimla.



Intsholongwane i-2019 nCoV isasazeka ngoku:

- Ngomoya ophuma xa umntu ekhohlela naxa ethimla.
- Ukusondelelana nomntu okufana nokubamba okanye ukuxhawulana izandla.
- Ukubamba into okanye umphezulu obudibene nalentsholongwane, emva koko ubambe umlomo, impumlo okanye amehlo ngaphambi kokuba izandla zakho uzihlambe



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IIMPAWU ZAYO

- Ingxakana ezingephi zeempumlo nokuphefumla nezithi ziye ziqatsela.
- Ifiva
- Ukukhohlela
- ukuba nzima kokuphefumla
- Umqala obuhlungu



Unyango olupheleleyo malunga nentsholongwane i-2019-nCoV alukacaci ncam

Izigulane esele zinezigulo nabantu abadala kubonakala ukuba basengxakini enkulu yokugula



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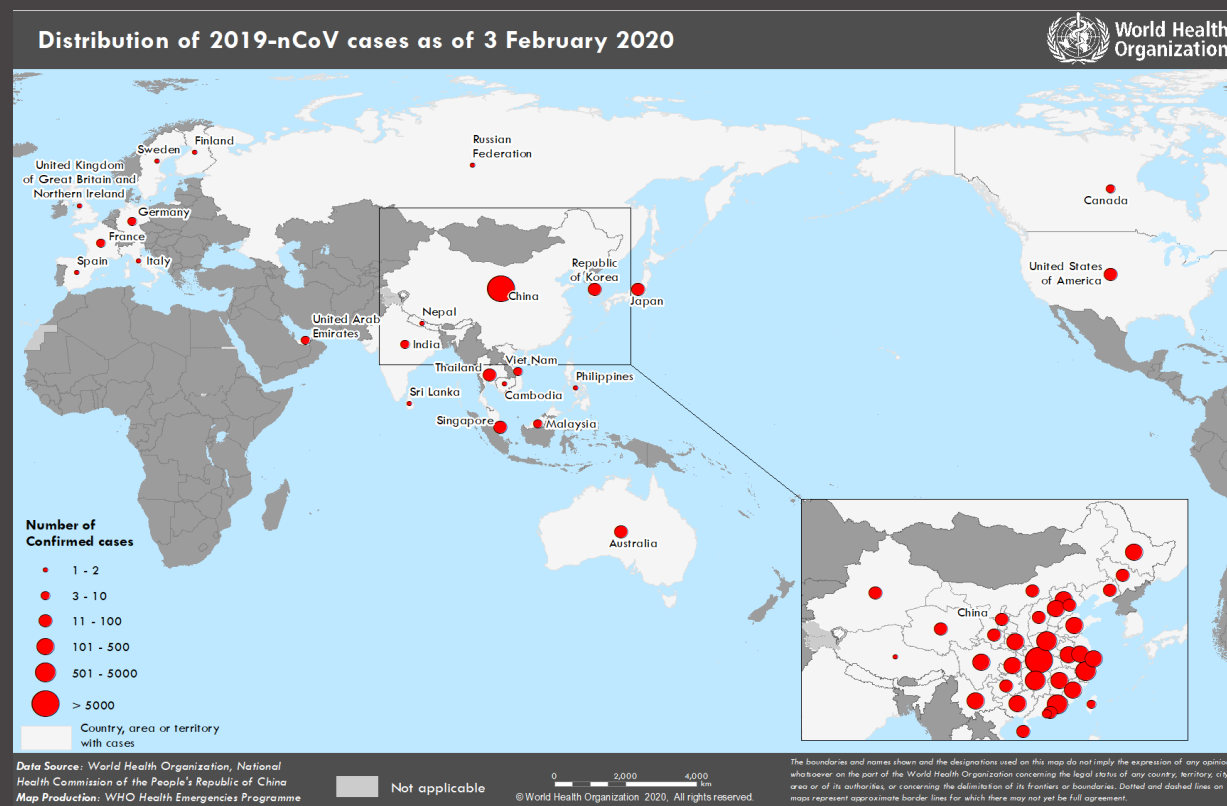
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INTSHOLONGWANE

ICORONA

NGUBANI OSENGXAKINI ENKULU

Kutsha nje abakhenkethi abaya eWuhan, China nezinye iindawo ezichaphazelekayo zezona zaseChina zezona zisengxakini enkulu.



Abantu abaneempawu zeempumlo neengxaki zokuphefumla kuquka ukukhohlela, ifiva, iphika kwiintsuku ezili-14 befikile kumazwe apho i-2019 Novel Coronavirus ityhutyha khona kufuneka bafune unyango ngokukhawuleza banike iinkcukacha koogqirha babo ngembali yohambo lwabo.



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INDLELA YOKUYIKHUSELA

Okwa ngoku akukabikho chiza likhoyo ukukhusela nokuthintela abantu ekusulelweni yintsholongwane icorona. Ukunwena kwayo kuncitshiswa ngoku:



- ngokuhlamba izandla qho ngesepa namanzi.
- Ukungawaphathi amehlo, impumlo okanye umlomo ngezandla ezingahlanjwanga.
- Ukungasondeli kubantu abagulayo.
- Gquma umlomo wakho ngethishu xa ukhohlela okanye xa uthimla, wakugqiba uyilahlale emgqomeni wakugqiba.
- Coca ngesibulali ntsholongwane izinto ezibambekayo kunye nemiphezulu yezinto.

Ukuba unokugulana okungephi, zigcine ngokusela amanzi, uhlale ekhaya uphumle.



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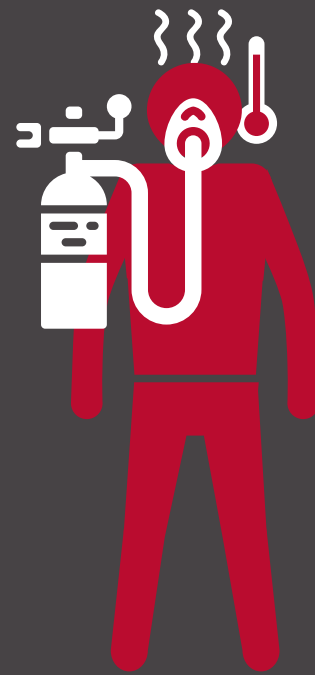
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UNYANGO

Unyango luyanceda (umz.ukunika isigulane esinephika i-oxijini okanye unyango lwefiva).



- Akukho nyango lukhoyo lokulwa nalentsholongwane.
- Ii-Antibiotics aziyincedi le ntsholongwane. nangona kunjalo, ii-antibiotics mhlawumbi zingafuneka kwinqanaba lesibini lentsholongwane.



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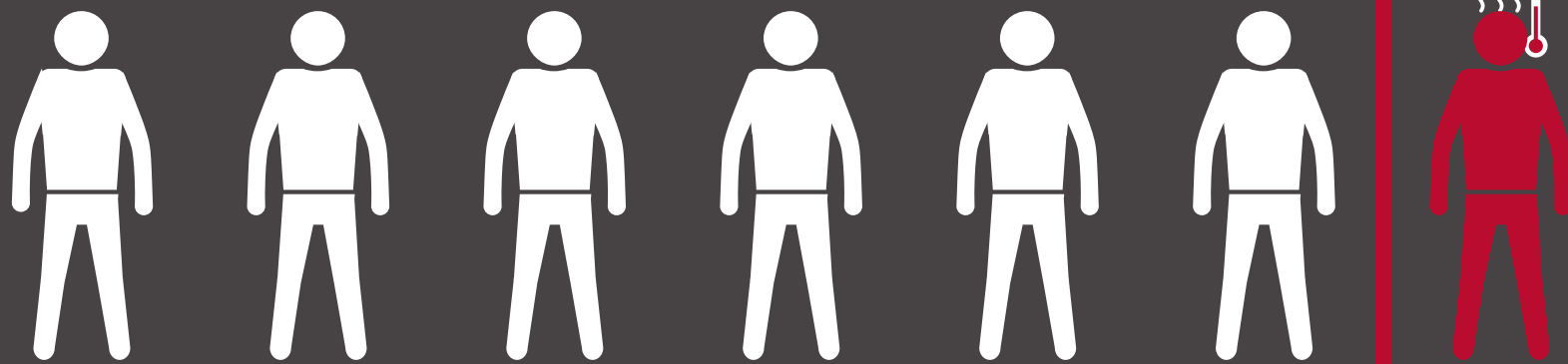
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IZINTO EZIFANELE UKWENZIWA

Ukujongwa kwabantu abanefiva kuyenziwa kwizikhululo zeenqwelo moya zamazwe ngamazwe.

IZIKHULULO ZENQWELO MOYA ZAMAZWE NGAMAZWE



- Iinkqubo zilungisiwe ukulungiselela ezo meko zithe zafunyaniswa, ukubekwa wedwa namalungiselelo okwenziwa koxilongo olukhawulezileyo.
- Onke amaziko empilo aya kukwazi ukujongana neemeko zezigulane ezirhanelwayo okanye ekuqinisekiweyo ngazo ezo zigulane zithunyelwe kwiindawo ezifanelekileyo okanye izibhedlele ezilungiselelwe oko.
- Imithetho elandelwayo ikhona ukulandelela abo banxulumene nesigulane ukuqinisekisa ukuba intsholongwane ayisasazeki.



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